



OUR DAYS OF GRACE



GRACE HOSPITAL





PATRON'S PAGE

The Hurtigs of Vaughan Street

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DEDICATED TO THOSE
WE LOVE



WHO AM I?

I am me - mostly me,
But some of you - and you -
and you.
I share, you share -
And once we meet and share,
I can never again be only me,
Nor can you be only you.
So who am I?
A small fragment of this
Entire world of me's and you's -
Only a little more me than you.



In memory of Carol Storey, Class 1971, whose
tragic death occurred on November 23, 1969.

"Not 'til the loom is silent
And the shuttles cease to fly,
Shall God unroll the canvas
And explain the reason why
The dark threads are as needful
In the Weaver's skillful hands
As the threads of gold and silver
In the pattern He has planned."





'The man who is born with a talent which he is meant to use finds his greatest happiness in using it.'

- J. Von Goethe.

My congratulations to you on this our latest achievement - graduation. Having found your work, my wish for you is expressed in the following words:

'What each man has to do is to try to progress in his profession, to strive for constant improvement so as to become effective and skillful in whatever career he has chosen and to attain superiority by the cultivation of his natural gifts and by his devotion to work.'

- Jean Francois Millet.

May God bless and be with you.

Muriel Everett.

M. Everett (Lieut. -Colonel).

Our sincere best wishes to Colonel Everett, former Administrator, who has left us to assume another post. She will be long remembered by her many friends at Grace Hospital.

ADMINISTRATION

Major H. P. Thornhill
Administrator



Dr. N. D. McCreath
Medical Director



Miss B. Seeman
Director of
Nursing Education



Miss Wiebe
Director of
Nursing Service



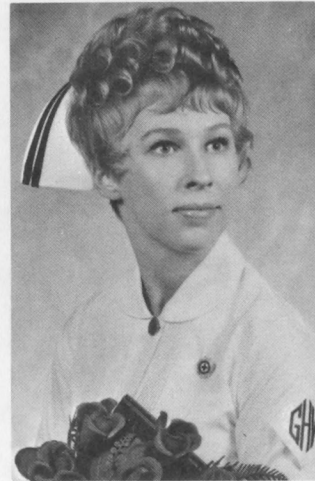
THE GRADUATES



Linda Abrahams - Winnipeg, Man.

Knowledge is what you learn
from others; wisdom is what you
teach yourself.

-Unknown-



Sharon Alvestad - Winnipeg, Man.

We're not primarily put on this
earth to see through one another,
But to see one another through.

-Peter DeVries-



Sharon Anderson - Winnipeg, Man.

Others may sing of treasure of earth,
Sing of its glitter and gold;
But I have a theme of far greater worth,
Exhaustless, it never grows old...
Christ is the lovely theme of my song...

-H. Zilbenas-



Marlene Attwood - Dauphin, Man.

So now I turn with eager heart
To meet what life extends,
To greet the folk I meet each day
And make them all my friends!

-Unknown-



Jo-Ann Bartlett - Winnipeg, Man.

Trust in the Lord with all thine heart; and lean not unto thine own understanding, In all thy ways acknowledge Him, and He shall direct thy paths.

-Proverbs 3: 5, 6-



Arline Copley - Douglas, Man.

To love and be loved is the greatest happiness of existence.

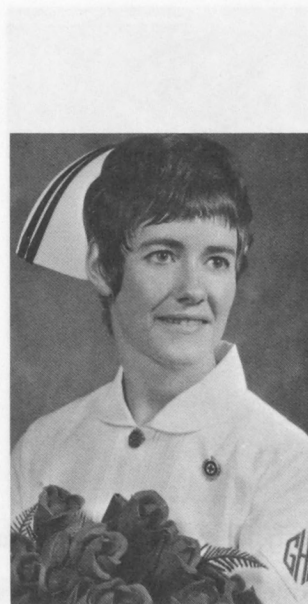
-Smith-



Lesley Deane - Winnipeg, Man.

'Tis the set of the sails and not the gales that determines the way we go.

-Unknown-



Jo Ann Dyck - Winnipeg, Man.

Life only demands from you the strength you possess.

Only one feat is possible--not to run away.

-Dag Hammarskjold-



Gail Einarson - Winnipeg, Man.

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain.

-Emily Dickinson-



Rosalind Elliott - Melita, Man.

What we have done for our-
selves alone dies with us. What we
have done for others and the world
remains and is immortal.

-Albert Pine-



Alison Garnet - Winnipeg, Man.

This above all, to thine own self be
true; and it must follow, as the night
the day, Thou canst not then be
false to any man.

-Hamlet-
-William Shakespeare-



Myrtle Harms - Hepburn, Sask.

"When we do the best we can we
never know what miracle is wrought
in our life, or in the life of
another."

-Helen Keller-



Marion Hoefer - Glencairn, Man.

You may not like your place of life
And I may not like mine;
But there are thousands - Oh I'm sure
Who'd think our places fine.

-Unknown-



Signy Holmes - Winnipeg, Man.

Within my earthly temple there's a
crowd: There's one of us that's
humble, one that's proud;
There's one that's brokenhearted
for his sins, And one who un-
repentant sits and grins;
From much corroding care I should
be free, If once I could determine
which is me.

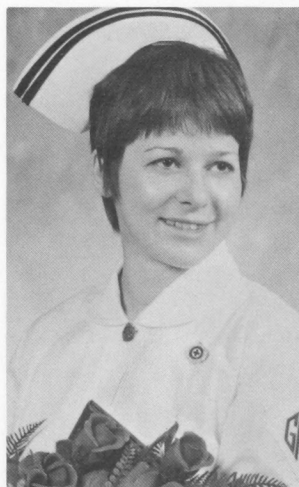
-Edward Sanford Martin-



Barbara Hopper - Winnipeg, Man.

Always laugh when you can,
It is a cheap medicine.
Merriment is a philosophy not well
understood.
It is the sunny side of existence.

-Byron-



Lorna Janis - Winnipeg, Man.

"God grant me the serenity to ac-
cept the things I cannot change
Courage to change the things I can,
And wisdom to know the difference."

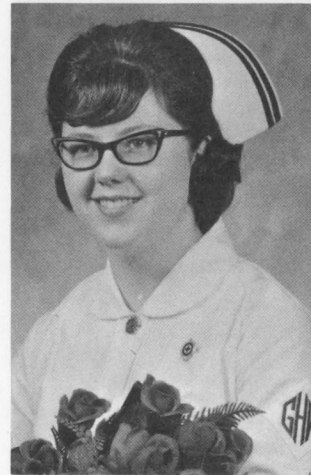
-Unknown-



Judith Harrison - McCreary, Man.

We have no more need to be
afraid of the step just ahead of us
than we have to be afraid of the one
just behind us.

-Frances E. Willard-



Heather Hay - Flin Flon, Man.

Every day that is born into this
world comes like a burst of music,
and rings itself all the day through,
and thou shalt make it a dance, a
dirge or a life march, as thou wilt.

-Thomas Carlyle-



Irma Heppner - MacGregor, Man.

"...speaking the truth in love."

-Ephesians 4:16-



Orpha Hiebert - Winnipeg, Man.

Faith draws the poison from every
grief, takes the sting from every
loss, and quenches the fire of every
pain; and only faith can do it.

-J. G. Holland-



Donna Kaszuba - Winnipeg, Man.

Other's follies teach us not
Nor much their wisdom teach us;
And most, of sterling worth, is what
Our own experience preaches.

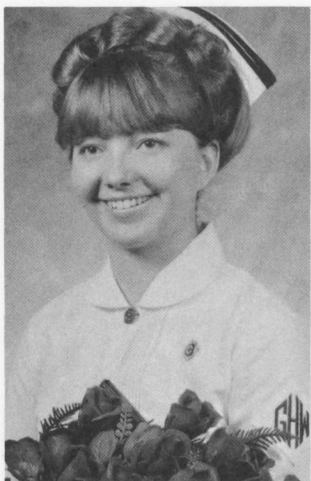
-Alfred Lord Tennyson-



Mrs. Sue Kolybabi -
(Fulton) - Winnipeg, Man.

To become an accomplished practitioner,
you must be able to see
yourself as others see you--and
smile at what you see.

-Arthur Gordon-



Beverley Knutson - Norquay, Sask.

"To go about your work with
pleasure, to greet others with a
word of encouragement, to be happy
in the present and confident in the
future; this is to have achieved
some measure of success in living.

-Edwin Osgood Grover-



Doreen Kuhl - Morden, Man.

No service in itself is small;
None great, though earth it fill;
But that is small that seeks its own,
And great that seeks God's will.

-Unknown-



Dorothy Langeman - Culross, Man.

There is a Guide that never falters,
And when He leads I cannot stray;
For step by step He goes before me,
And marks my path, He knows the way.

-Ackley-



Sharon Lyon - Winnipeg, Man.

"Happiness is not so much in having
as sharing. We make a living by
what we get, but we make a life by
what we give."

-Norman MacEwan-



Karen MacLeod - Winnipeg, Man.

I am a part of all that I have met.

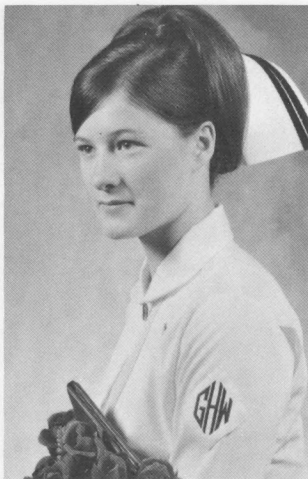
-Unknown-



Helga Martens - Killarney, Man.

If instead of a gem or even a flower
we could cast the gift of love into
the heart of a friend, that would be
giving as God gives.

-Unknown-



Mavis McElroy - Darlingford, Man.

"The world is round, and the place which may seem like the end may be only the beginning."

-Ivy Baker Priest-



Janice McKinney - Manitou, Man.

We can only get out of life what we see in it. It is for us to determine whether it shall be just daily drudgery or joyous service.

-Unknown-



Lynda Morcom - Strathclair, Man.

Life is a mirror; if you frown at it, it frowns back; if you smile, it returns the greeting.

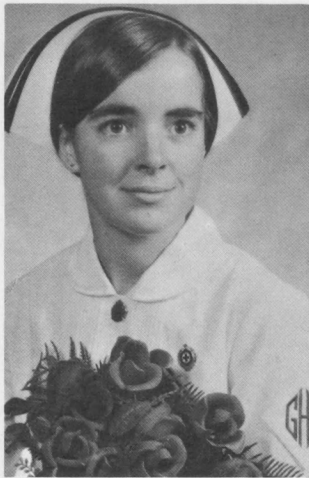
-William Makepeace Thackeray-



Eileen Mutch - Norquay, Sask.

Two roads diverged in a wood, and I took the one less travelled by, And that has made all the difference.

-Robert Frost-



Glenda Parrott - Winnipeg, Man.

Anything worth doing is worth doing well.
Anything worth having is worth waiting for.

-Unknown-



Barbara Pedersen - Winnipeg, Man.

With all its sham drudgery and broken dreams it is still a beautiful world.
Be careful. Strive to be happy.

-Desiderata-



Evelyn Riediger - Winnipeg, Man.

"As a man thinketh in his heart, so he is."

-Proverbs 23:7-



Francis Rout - Winnipeg, Man.

The reward of one duty is the power to fulfill another.

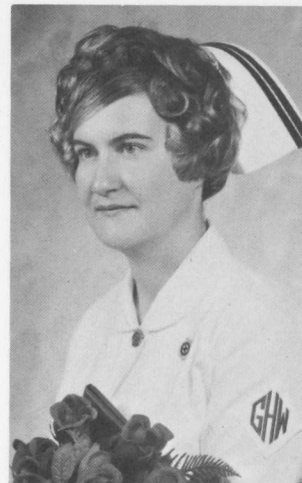
-George Eliot-



Brenda Rutherford - Glenboro, Man.

Not in sadness nor in joy
To our destined end or way
But to act that each tomorrow
Finds us farther than today.

-The Psalm of Life-



Judith Sabine - Winnipeg, Man.

Courage and perseverance have
a magical talisman, before which dif-
ficulties disappear and obstacles
vanish into air.

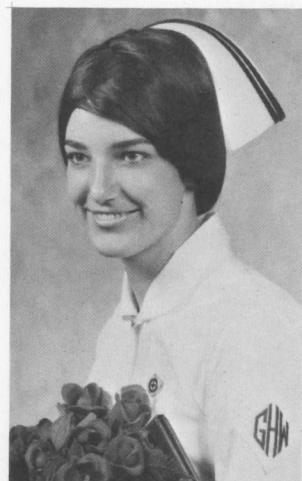
-John Quincy Adams-



Carol Saskosky - Red Lake, Ont.

Never look down to test the
ground before taking your next step;
only he who keeps his eye fixed on
the far horizon will find his right
road.

-Markings-
-Dag Hammarskjold-



Irma Schmidt - Winnipeg, Man.

Give me the insight to recognize
the worth that is in every man and
let my words be those of appreciation
and encouragement.

-Jerrine Jones-



Sheila Schwartz - Winnipeg, Man.

Happy is the man that findeth
wisdom and the man that getteth
understanding.

-Proverbs 3:13-



Elizabeth Simpson - Miami, Man.

"This learned I from the shadow of
a tree,
That to and fro did sway against a
wall,
Our shadow selves, our influence,
may fall
Where we ourselves can never be."

-Anna E. Hamilton-



Mrs. Evelyn Smith - Winnipeg, Man.

"We have no more right to con-
sume happiness without producing it
than to consume wealth without pro-
ducing it.

-G. B. Shaw-



Beverly Spenst - Miami, Man.

"The way to get the most out of
a victory is to follow it up with
another which makes it look small."

-Henry Haskins-



Judy Spratt - Miami, Man.

"But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."

-Isaiah 40:31-



Kathleen Stevens - Kenton, Man.

"Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven."

-Matthew 5:16-



Sonia Tokaryk - Oakburn, Man.

The great stairway that leads up to infinite success starts right down where our feet are now planted. You can rise with the next step.

-Ralph Parlette-



Brenda Welch - Roland, Man.

"Each day is a little life. Fill its hours with gladness if you can; with courage if you can't"

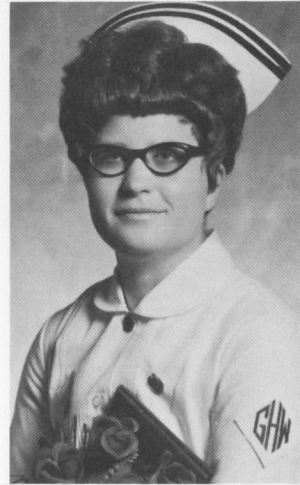
-A. S. Turnbull-



Helen Wiebe - Winnipeg, Man.

Live that thou mayest desire to
live again--that is thy duty--for in
any case thou wilt live again.

-F. W. Nietzsche-



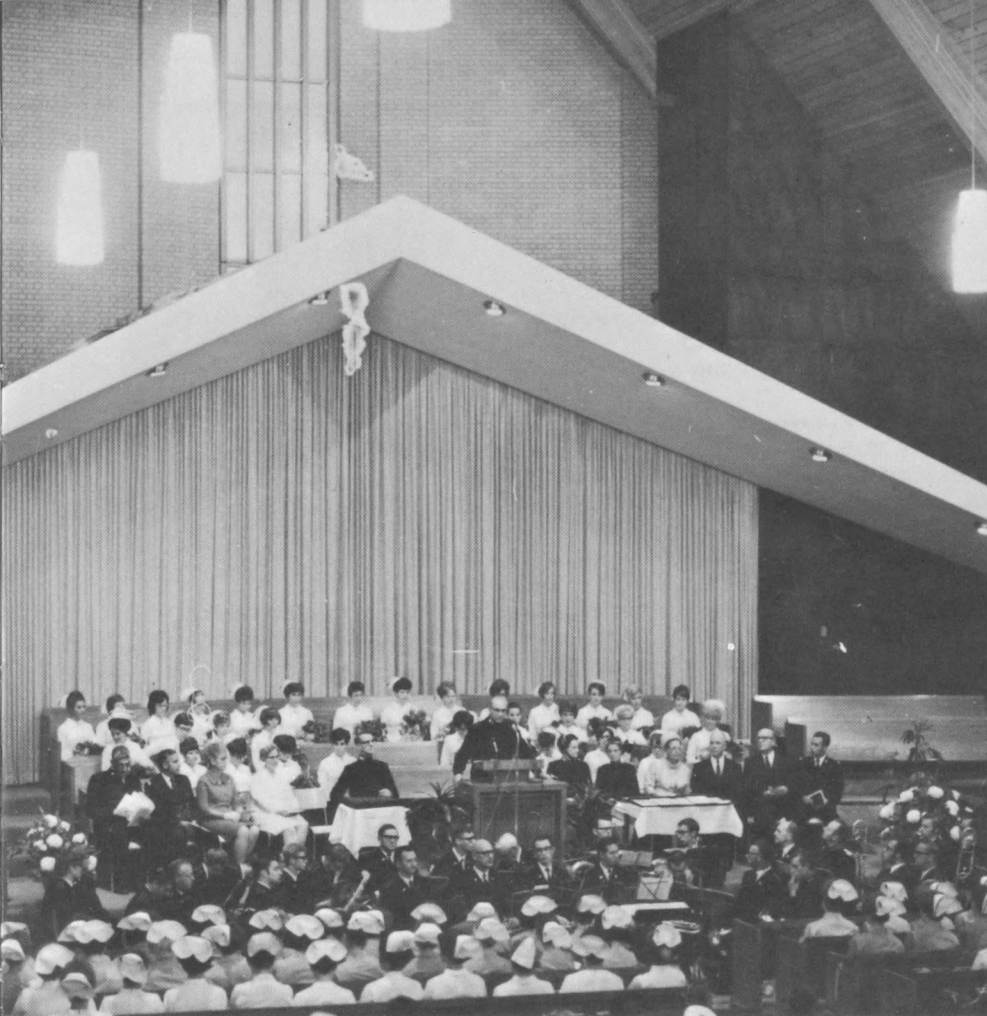
Ruth Ziemiński - Winnipeg, Man.

I have to live with myself and so--
I want to be fit for myself to know--
I want to be able as days go by--
Always to look myself straight in the
eye.

-Unknown-

Nursing is an art, the
finest of arts, and if it is to
be an art it requires as hard
a preparation as any painter's
or sculptor's work, for what
is having to do with dead
canvas or cold marble com-
pared to having to do with the
living body, the temple of
God's spirit? There is no
such thing as amateur art;
there is no such thing as
amateur nursing.

-Florence Nightingale-



OUR BIG SISTERS

Mrs. Linda Anderson (Addy) - Holy Cross,
 Calgary
 Rose Lynn Bartel - Steinbach
 Susan Bartel -
 Anna Marie Berg - Winnipeg
 Mrs. Betty Fraser (Black) - Grace Hospital
 Mrs. Audrey Kemp (Braun) - Holy Cross,
 Calgary
 Elizabeth Burden - Grace Hospital
 June Burnett - Grace Hospital
 Maureen Colbert - Deer Lodge, Wpg.
 Shirley Craig - Holy Cross, Calgary
 Brenda Ericson - Grace Hospital
 Roslyn Exchange - St. Boniface
 Margaret Fraser - Morden General Hospital
 Anne Marie Frieson - Brandon General
 Hospital
 Christine Gorrie - Grace Hospital
 Marilyn Hill - Holy Cross, Calgary
 Valerie Jakeman - St. Boniface
 Ann Koop - Flin Flon

Mrs. Judy Roths (LaRocque) - Grace Hospital
 Mrs. Margaret Jalser (MacDougall) - Denmark
 Carol Macfarlane - Women's Pavilion, Wpg.
 Lynn McDowell - Grace Hospital
 Carolyn McIntyre - Deer Lodge Hospital, Wpg.
 Jean McKibbin - Grace Hospital
 Mrs. Cathie Fownes - Wpg. General Hospital
 Mrs. Pat Roberts - (Meda) - Children's
 Hospital
 Dorothy Myhal - Grace Hospital
 Gladys Nickel - Morden General Hospital
 Mrs. Barbara Ivison (Palmer) - Grace Hospital
 Edna Penner - Flin Flon
 Margaret Smith - St. Boniface
 Mrs. Laureen Gibson (Stefanson) - Grace
 Hospital
 Norma Strong - Wpg. General Hospital
 Mrs. Joyce Ginter (Suderman) - Brandon
 Hospital
 Mrs. Lynn Thomas (Wiesel) - Grace Hospital
 Edith Wutke - Grace Hospital

VALEDICTORY ADDRESS



Mr. Chairman, Major Thornhill, Honoured Guests, Classmates. Little Sisters, Moms and Dads.

In the year of Canada's Centennial we began, and in the year of Manitoba's Centennial, we finish. During these three years we have grown; here we are tonight, "Beating 70".

Do you remember September 19, 1967? With ambivalent feelings we have left our homes to spend the next three years as "Student nurses". We received first impressions at the welcome tea. These changed as we got to know each other by the probie party at Bruce Park and by initiation. As we studied through the long months of probie block, it seemed worthwhile, for it brought a cherished cap. However, a cap did not change our experiences on wards; some funny, some upsetting moments. As the months went by we figured out our problems, but at the same time literally developed "figure" problems. Somehow Mrs. Miller knew what she was talking about when she kept saying, "only on doughnut!"

Residence life was always fun; celebrating birthdays in "various ways"; making flowers and more flowers for the Winter Wonderland Tea; and never-ending gossip sessions - if the walls could speak we never would again! Yes, we did get to know each other very well. Ask your room-mate -- she will tell you!

Now we begin our Intermediate year.

Obstetrics seemed especially fascinating to all of us - a chance to be involved in the beginning and the joy of life. In the nursery, we always had fun at baby viewing time. "Now let me see, which one is yours?", as the excited parents stood peering through the window.

Affiliating, beginning at Children's Hospital, represented cute kids who had so much theory in their little bodies to learn and study. This occupied ten weeks of books, books, and more books! Of course, if you ever got TIRED of being a nurse, you could try being a "play lady".

In the operating room within a few short weeks, we unbelievably graduated from, "putting a little water in a basin here and there", to seeing our names written in as "scrub nurse".

Then came Selkirk - the motto there being, "a change is as good as a rest -- or maybe both!" It seemed strange at first, but then we adjusted well and decided "to forget it and go to a party!"

It was in intensive care that we began to appreciate how the presence of a nurse could be of such great comfort to a patient.

Casualty was a very exciting area. It was not always busy, but "be prepared". One had to be ready to meet all ages and ailments.

In diet kitchen we wrote up ulcer diets, day 1, 2, 50, 65 as we developed them ourselves. Better take a break!

Somewhere in that year we took time out for our "half way party" and celebrated at the Town and Country.

We started our Senior Year by adding a single black band to our caps. Somehow, we seemed more secure and confident. Many evenings were spent singing to guitars, reminiscing how we met, and what it would be like to graduate. Meanwhile, just settle for being a "Ballarina" -- encore anyone? Before long it was "7/8 way through", and again we got together as a class. While some of the class were finishing specialties, another specialty that was a little slow getting started, suddenly happened. "Guess who's engaged?"

Now the student days at Grace are over. Throughout this time I am sure we have all felt that "the things that are impossible with men are possible with God". However, these days have been influenced by many people.

Little Sisters, you represent many memories; helping us to see that not long ago, we experienced many of the same hardships and feelings as you. Now may you see in your Big Sister, that someone, who has travelled the same road ahead of you. You can do it too. During the past two years, you were thought of much more than you were seen. So, may you always remember, "you are a very special person."

Mom and Dad, who were always so thoughtful -- a letter, a care package, a phone call, a ride or a ticket to come home -- always at the right time. Who were always so patient -- may not always have understood the complex mind of their daughter, but did a great job. For all your support, encouragement and love; thank you Mom and Dad for "always being there".

Thank you to our patients, who have taught us more than any nursing book could have done. Most of all, they have taught us that we can be proud of our profession.

Words of thank you and appreciation for our success go to many people at Grace; to Colonel Everett, who was administrator of our hospital during our first two years, and also to Major Thornhill, the present Administrator. Both always had smiles to take the place of many words.

To the doctors, who lectured us in classes, and for their teaching, guidance, and patience in the hospital area.

To Miss Seeman and all the instructors, for their interest, support and encouragement -- helping us to achieve our goal every step of the way.

To Brigadier Wagner, hospital Chaplain and Mrs. Wagner, our house parents, for their help in making residence like home. To our housemothers, who must be the most patient women in the world, as they faced the changing moods of students day by day.

To Dr. McMillan and Mrs. Dojack, for meeting all our health needs -- "big ones and little ones!"

Thank you classmates for the honour of being Valedictorian.

"I am a part of all that I have met". Indeed, this is true. Each member of Class '70 has given to each other in many ways; perhaps a new outlook on other faiths, stimulated laughter in quiet ones, taught others to appreciate silence and how important it is to listen; to share and experience someone's happiness, to understand and support another in sad times; to encourage or boost another's spirits; to receive words of encouragement. Thank you each of the Class '70 for "being you".

May you have delightful memories -- many of them; good fortunes -- loads of them; and happy days -- all of them. This can be done by taking a moment out of each day to simply recall that, "People need people -- Yes, we really do!"

Barbara Pedersen



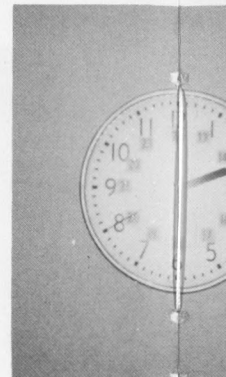
0645 Hrs.
Eenie, Meenie,
Minie, Moe.



0700 Hrs. Size 42????



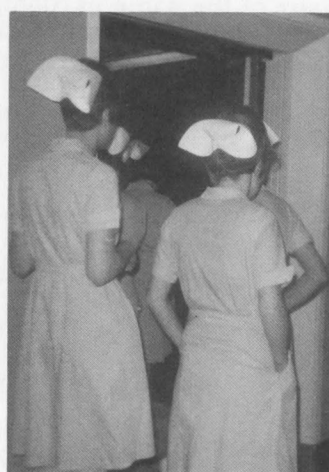
Ultra Brite gives
your mouth Mmmm,
-----appeal??



0734 Hrs. Instant
Breakfast.

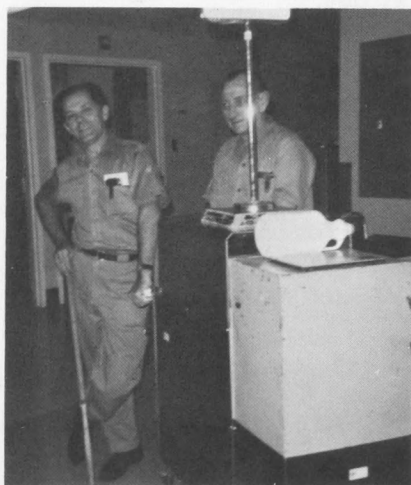


0735 Hrs. Morning Prayers.



A DAY IN
OF A

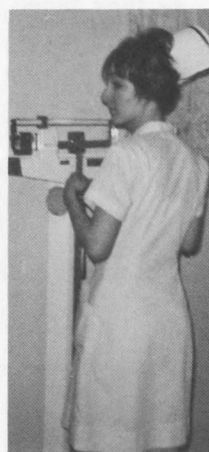
0745 Off to the Battle!!!



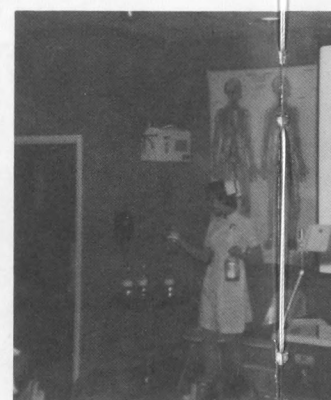
Housekeeping - A little shot
of DRX.



Here's to the next coffee
break.



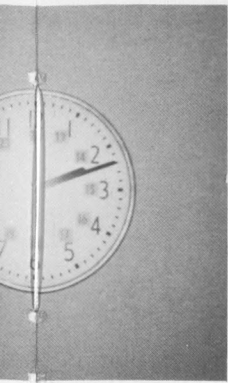
I guess I'll
skip that coffee
break.



My shin
to my



Thank you, Miss Billing.



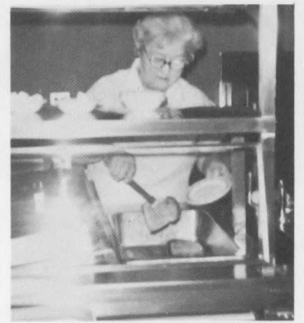
THE LIFE STUDENT NURSE



0730 Hrs. you'll never make it!



Oh, that "Home" cooking!



Dippity do-dah!



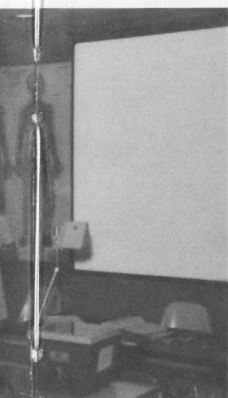
Patients - how we LOVE them!



Lab. - just a wee prick



C. S. R. Any chance of getting a sheepskin??



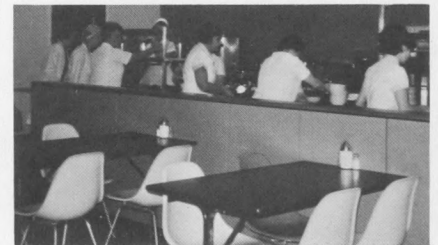
Bone's connected
Knee bone.



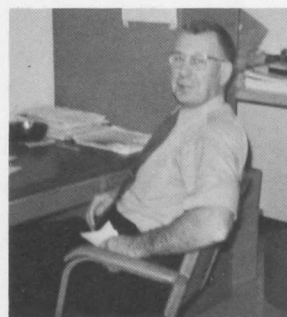
Instructors --
Of course I
know, -- just
let me think a
minute.



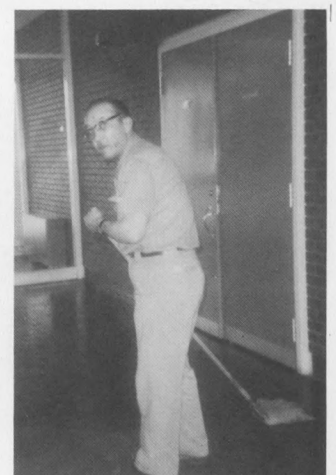
The legs go marching two by two



Leave some for us!!!



Happiness is a Fire Alarm!!!!



Good morning, girls!



It's been a hard day's work!



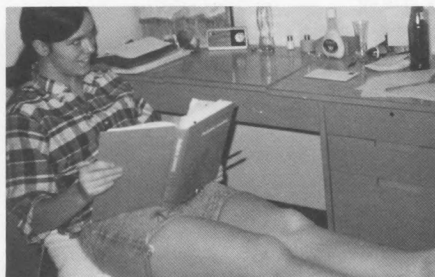
"Love me tender, . . ."



Nose to the grindstone



I'd like to help you out -- How did you get in?



Oh, I study long hours



"I got here first!"



"Those were the days, my friend"



Yakkity yak, yak, yak . . .



Roses are red, my love,
Nurses are blue.



We're not confused ---it just looks that way.



Room inspection tomorrow!!



Just one more page, Mr. Sandman



THE UNDERGRADUATES



Cathy Anderson
Judy Backlund
Shirley Bennett



Karin Berndt
Cheryl Boake
Janet Braun



Penny Brewer
Rosalie Brooks
Lynn Bruce

CLASS 19

Pat Hrynchuk
Esther Janzen
Edith Kliever

Bonnie Harper
Phyllis Jessett
Leona Kuhl

Sandra Hutchinson
Martha Klassen
Deanna Larson



Lynda Burnett
Doreen Dyck
Betty Friesen



Elsie Buck
Irene Dyck
Tina Hamm



Corrine Dyck
Ruth Ewert
Elaine Hubic



OF
71

Cathie Lennerton
Barbara Lewthwaite
Shirley Malyska

Lois Mann
Shirley Martin
Janice Meadows

Betty Neufeld
Joy Nikkel
Ann Meekison

Pam Olds
Ruth Penner
Gayle Riach



Connie Olafson
Debbie Paulson

Shirley Peters
Beth Powell

Jo-Ann Robertson
Clara Roy

Vicky Scales
Elaine Schmidt
Karen Schweitz

Karen Smith
Linda Skilliter
Mable Unrau

Irene Vanhove
Marlene Watson
Linda Webb





Elizabeth
Anderson



Pat
Arthur



Mary
Atkins



Mrs.
Batschkewitz



Sally
Beenken



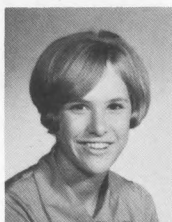
Wendy
Bell



Avril
Bourquin



Marlene
Brook



Maureen
Brooks



Sandra
Darling



Lorna
Campbell



Janice
Chetyrbok



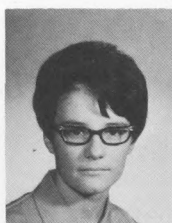
Jamie
Crawford

CLASS

19



Gayle
Darroch



Margaret
Deacon



Norma
Diehl



Diana
Dixon



Linda
Driedger



Margaret
Dyck



Maxine
Edmondson



Lorna
Evans



Barbara
Forkheim



Germaine
Friesen



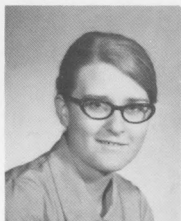
Irma
Froese



Irene
Giesbrecht



Pat
Giesbrecht



Kathy
Gosnell



Judith
Haddrell



Maxine
Helgason



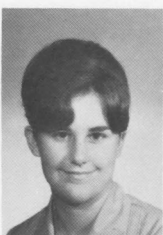
Victoria
Hodgson



Sandra
Howie



Sandra
Inman



Elaine
Jury



Elizabeth
Karsgaard



Linda
Kasdorf



Gloria
Kennedy



Veryl
Kenworthy



Cheryl
Klassen



Audrey
Loewen



Barbara
Lowry



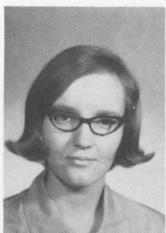
Judith
Mathieson



Judy
Marshall



Jill
Knott



Trudy
Krampetz



Melanie
Meredith



Ruby
Miller



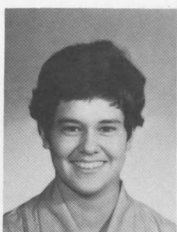
Maureen
Morrice



Beverley
Morrison



Cheryl
MacFarlane



Audrey
Matthews

OF

72



Patricia
Muir



Jean
McLeod



Jan
McNeill



Connie
Oberton



Brenna
Omand



Alta
Pettis



Melora
Plett



Glenis
Poole



Helene
Regehr



Catherine
Rodgers



Janice
Routley



Joan
Sarrasin



Allison
Sexton



Penny
Sharrock



Linda
Simpson



Patricia
Siwek



Irene
Spencer



Cheryl
Stuart



Judy
Sunaert



32 Darlene
Thiessen



Kathryn
Toshack



Denise
Vadeboncoeur



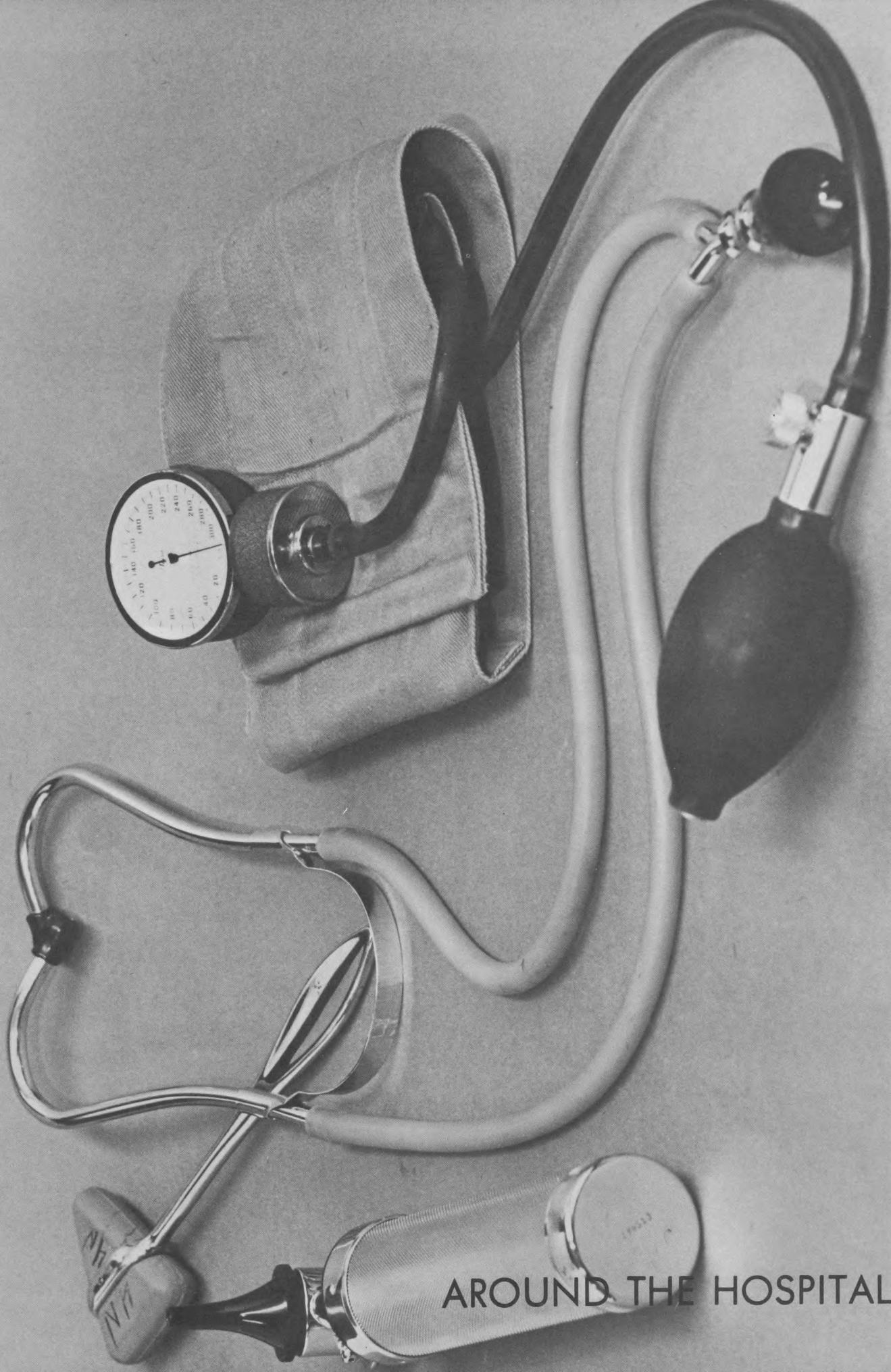
Joanne
van Leeuwen



Lois
Webster



Donna
Zbeetnoff



AROUND THE HOSPITAL



When I was a student.....



Oh, my aching feet!



Will they ever grasp
A&P?



She didn't soak his feet!?!



Love that history!



Missed my hair
appointment.



O Happy Day!



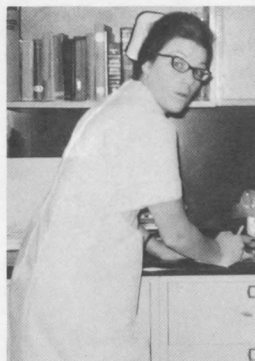
Mr. & Mrs. Cook



Ye Olde Peg Board



No fraternizing in
the hallways.



Caught in the act!



Sick Bay's empty!



Playing post
office??



She did WHAT??



Salt-free meatballs,
anyone?



... Don't take
that picture!



STANDING, Left to Right: Mrs. Nichols, Mrs. Dojack, Miss Draffin, Miss Toews, Mrs. Levin, Miss Froese.
SEATED: Miss Mills, Mrs. Jackson, Miss Wood, Mrs. Wieler, Miss Seeman, Mrs. Crabb, Miss Penner, Miss Timmerman, Mrs. Ingraham.
MISSING: Miss Letkeman, Miss Schultz.

"That best portion of a good man's life,
His little, nameless, unremembered acts
Of kindness and of love."

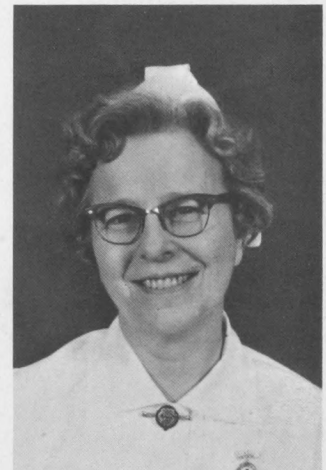
William Wordsworth

The days which lie ahead will offer you
challenge, change, excitement, puzzlement. In
times of puzzlement, you may do well to reflect
that change is most likely to be good and to be
lasting when it is built on the bedrock of precept
that has weathered the ravages of Time.

Congratulations to each one of you. May
God be with you and richly bless you.

Beryl Seeman

Director of
Nursing Education





Dr. McDowell



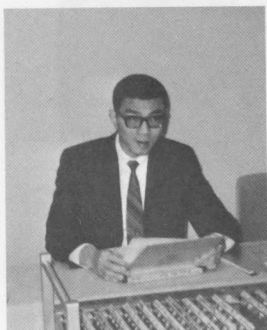
Dr. Yong



Dr. Derbach



Dr. Riddell



Dr. Young



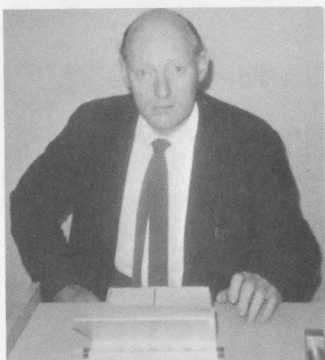
Dr. Jolly



Dr. Narvas



Dr. Kobrinsky



Dr. Mills



Dr. Falardeau



Dr. W.E. Abbott



Dr. Wightman



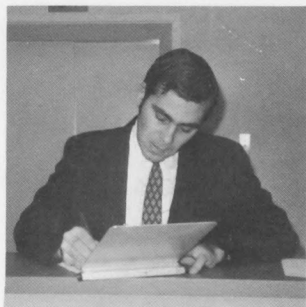
Dr. H. Guest Dr. McCreath



Dr. C.E. Abbott



Dr. Vann



Dr. Thomson



Dr. Griggs



Dr. Evans



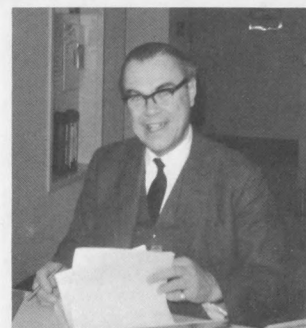
Dr. MacLeod



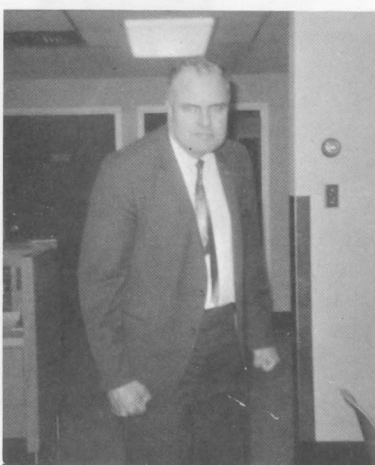
Dr. Trainor



Dr. Mosher



Dr. Welply



Dr. Neal



Dr. McMillan



Dr. Bannerjee



Dr. Peever



Dr. Galbraith



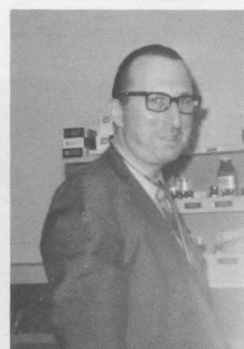
Dr. Hillsman



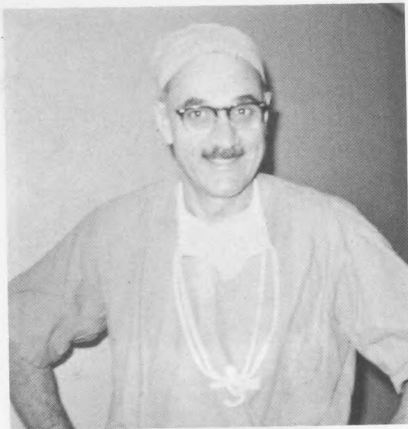
Dr. Whiteford



Dr. Dougan, Dr. McKinna



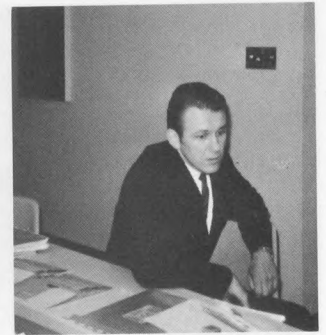
Dr. Schluderman



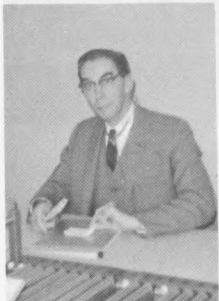
Dr. Bartlett



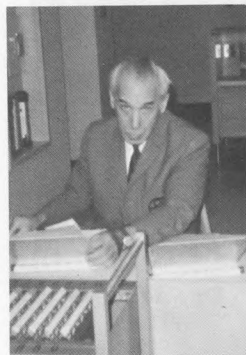
Dr. Hynes



Dr. Russell



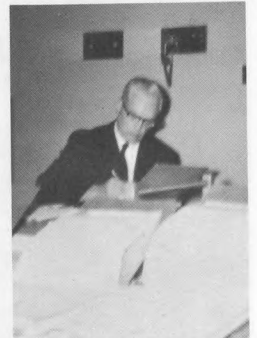
Dr. Tisdale



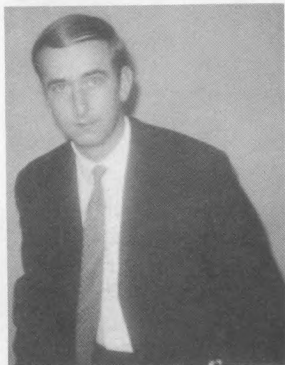
Dr. S. Malkin



Dr. MacDonald



Dr. McCord



Dr. Booth



Dr. Crust



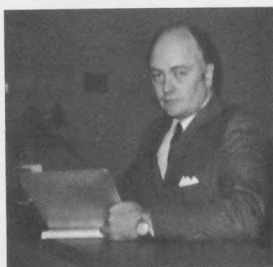
Dr. Goldstein



Dr. McKenzie



Dr. MacDougall



Dr. Burns



Dr. Garwood



Dr. Habib



Dr. Maxwell, Dr. S. Guest



Dr. Waugh



Dr. Connelly



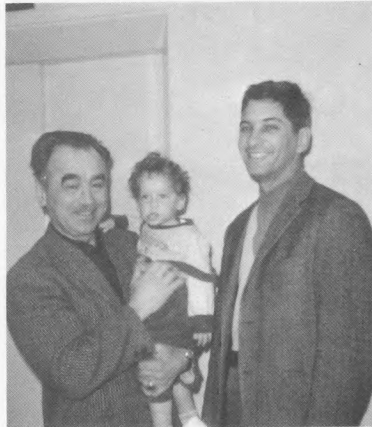
Dr. Goodhand



Dr. Edward



Dr. Ledwich



Drs. Pierce &
Brodovsky



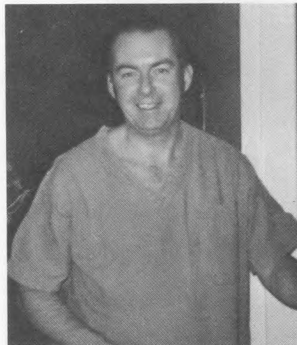
Dr. G. Stevens



Dr. Diehl



Dr. Van Horne



Dr. Wilson



Dr. Porritt



Dr. O'Toole



Dr. Lång



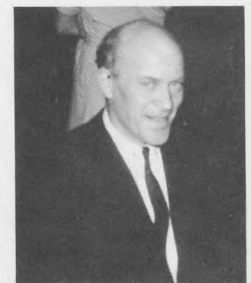
Dr. Provis



Dr. W.J. Boyd



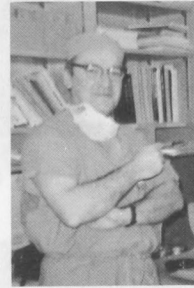
Dr. Reddy



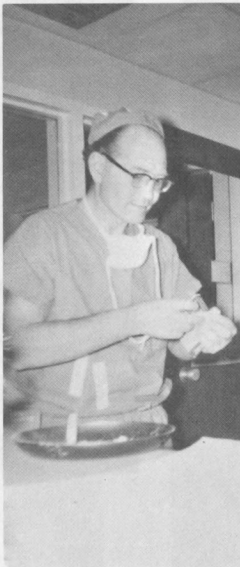
Dr. Binns



Dr. Tennant

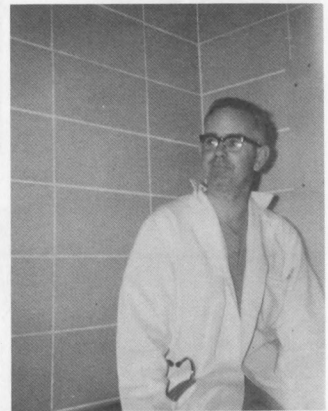


Dr. Thompson



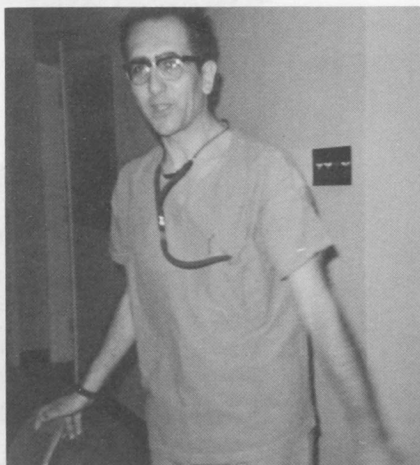
Dr. McGarry

OUR ANAESTHETISTS

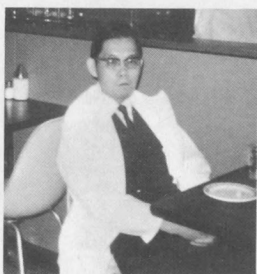


Dr. Morris

Dr. Delios



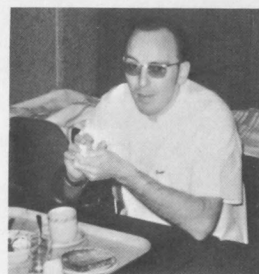
Dr. Hutchison



Dr. Wang



Dr. Rajan, Dr. Shah



Dr. Vlaovic

OUR INTERNES



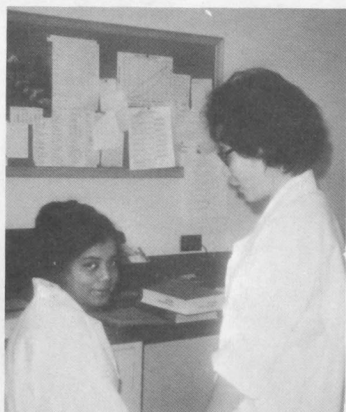
Dr. Swami



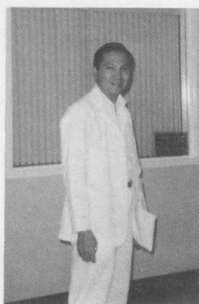
Dr. Shetty, Dr. Wang, Dr. Sio



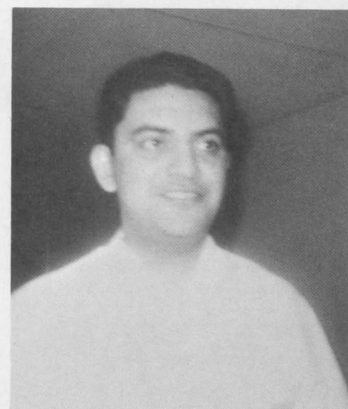
Dr. Shetty



Drs. Siauw & Mateo



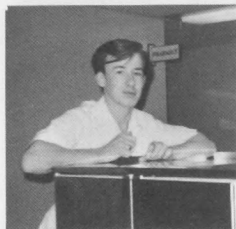
Dr. Ancheta



Dr. Doobay



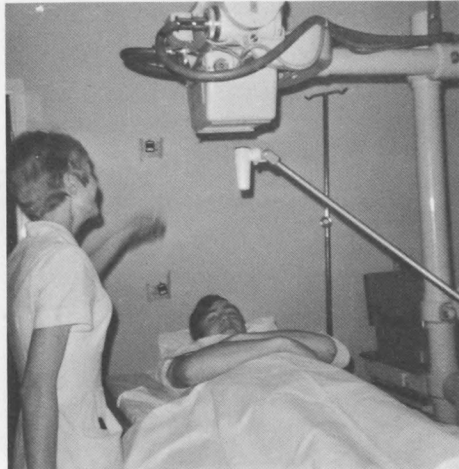
Due to the extreme shortage of beds....



Sorry, this elevator can't be used.



Patients at work



Hold your breath



Try our Salisbury special

AROUND OUR HOSPITAL



Look what I found!



This will only hurt a little



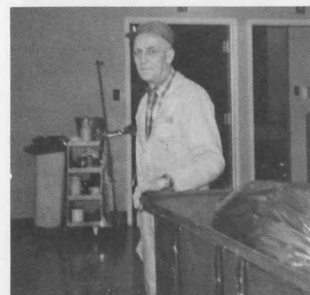
Who's buying coffee?



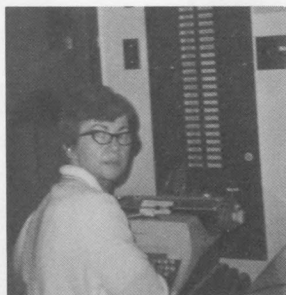
It's here somewhere



Tighten up those muscles!



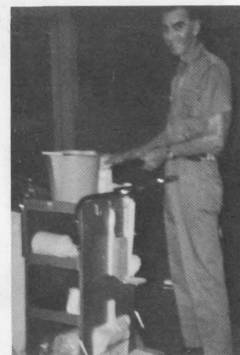
The Big Green Wagon



If I hear another phone ring, I'll scream!



Don't come to me with your problems.



5 more floors to go!



ON DUTY



3 North



3 South



Everyone's friend

MEDICINE

3 NORTH & 3 SOUTH



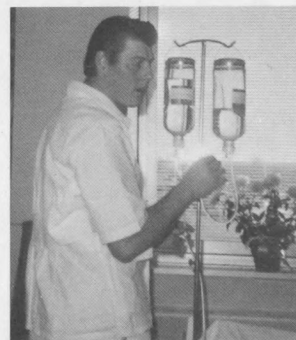
And they say that
Selkirk's hard work!



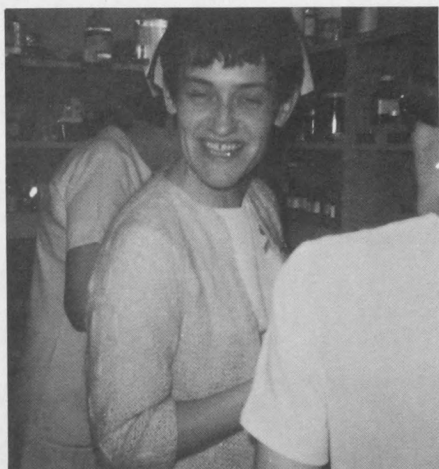
Oh, the joys of a head
nurse!



Coffee, tea or me?



Kelly drip??



30 cc's of castor oil...



Did someone
say coffee
break?



If only I were a few years
younger.....



Organized confusion!



Miss Reimer,
Supervisor



My doctor says I can go
home tomorrow.

SURGERY

4 NORTH & 4 SOUTH



Mrs. Kawa, head nurse



Cleanest ward in the
hospital!



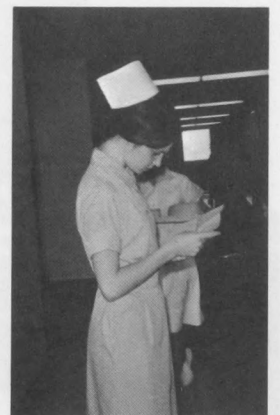
All these charts to check!



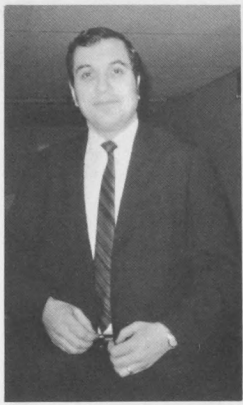
Trays again!



Coffee break!



What should I do
next?



Dr. Fainman



Mrs. Parker,
Supervisor

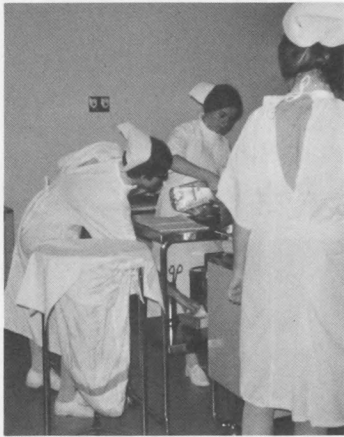


Rock-a-bye-baby



We need to get those units
stocked, girls!

OBSTETRICS



Rush hour



Feeding time



Morning report



Miss Meneer



Dr. Binns



Can I take it home?



Dr. C. Baker



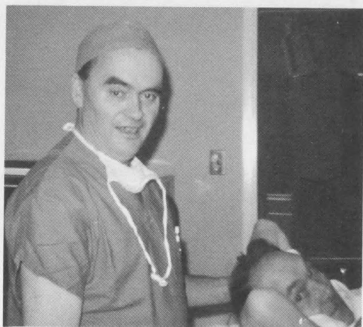
Phisohex wash



Busy day in the life of a case
room nurse.



Miss Rusk, head
nurse, case room



Jolly Green Giant

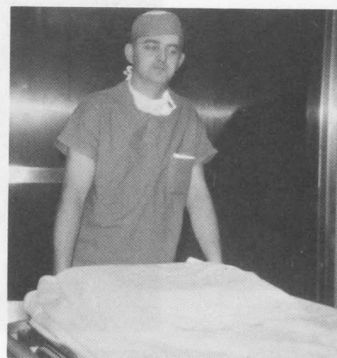


It's about those OR mini-skirts....

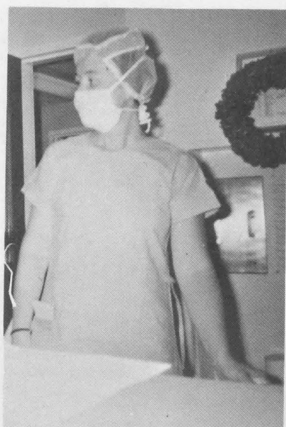
OPERATING ROOM AND RECOVERY ROOM



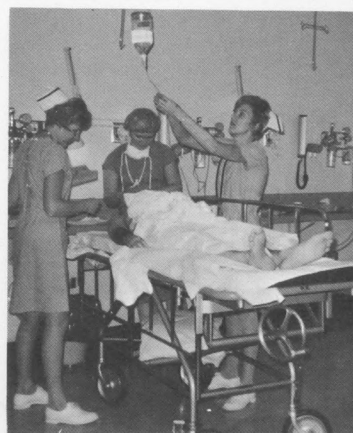
Gab session



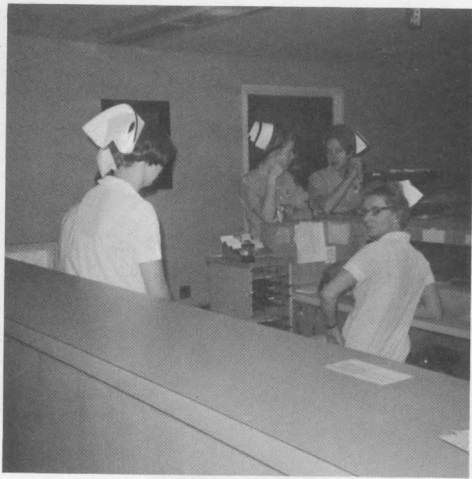
The big mover



Dr. MacMillan,
theatre 3 please.



Wakey, wakey

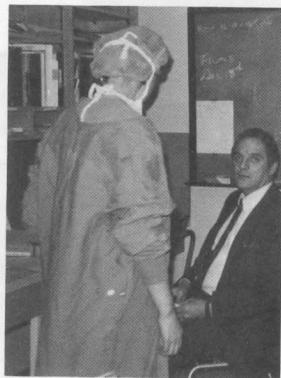


Someone answer the phone!

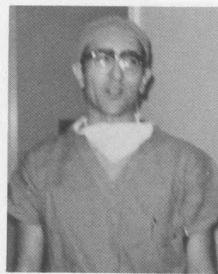


I can't find it!

INTENSIVE CARE



But Dr. Tennant, I didn't do it!

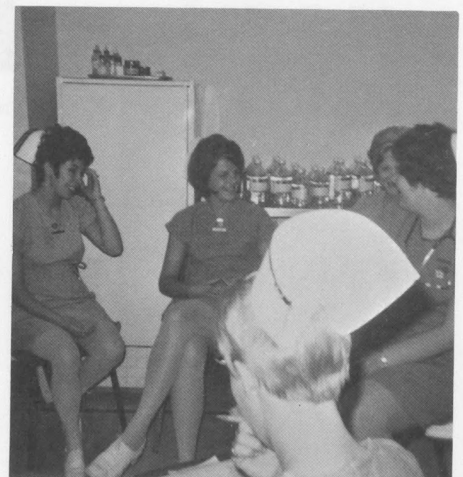


Always ready!

CASUALTY



"99 cart"



Yesterday, we didn't have ANY staff!

PUBLIC HEALTH

The one week we spend on Public Health slips by very quickly. It is filled with a variety of experiences - school visits, Child Health Conferences, post-natal visits and pre-natal classes.

The post-natal visits especially help us to see the patient as an individual in her own unique setting, her home. It also gives us a much better idea of the problems she is facing.

The experience gives us an insight into how we as nurses can be a contributing member of society by helping to meet the health needs of the people in the community.

Myrtle Harms.

DIET KITCHEN

"Those were the days my friends-"

- calculating diets that even we would'nt eat!
- forcing fluids till we had to learn how to swim.
- anyone for Sustagen?-ugh!!
- "Keep it down to a dull roar, girls".
- a post mortem to see what food can really do to you!
- those extra long coffee breaks that theoretically lasted only fifteen minutes!!
- and those poor kids who had to take D.K. with their Level II
- our sympathies!!!



First big scary day



Residence—heavily guarded, no escapes in history



Main Building

SELKIRK



You know what I mean?



Dentist's helpers?



Reception



An A.A. meeting



Smile girls-only 8 1/2 weeks left



He won again!



Therapy?



Please, please marry me



I want my Mommie!



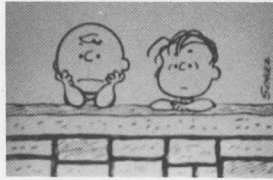
I want a cigarette!



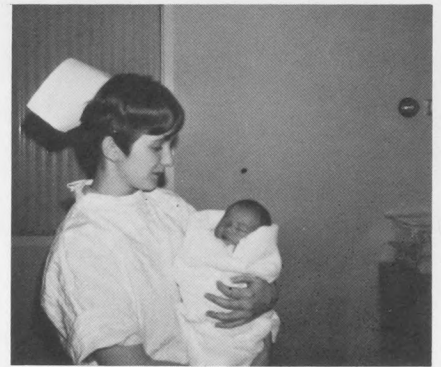
That Last sad day



Ruthy and Ralphy



I only dread one day
at a time!!



I can hardly wait.....

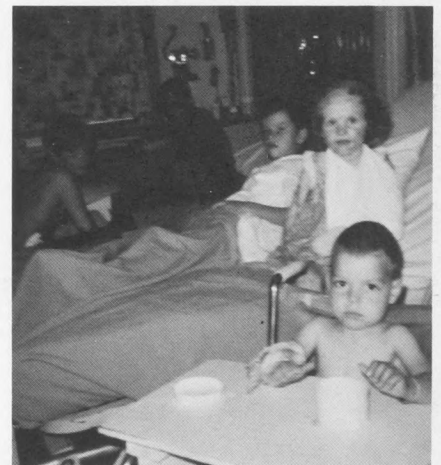


Party girls!

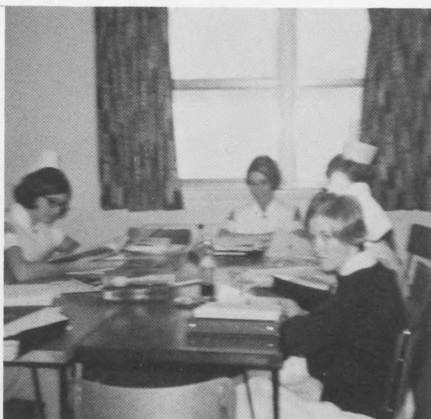
CHILDREN'S HOSPITAL



Who greased the baby ???

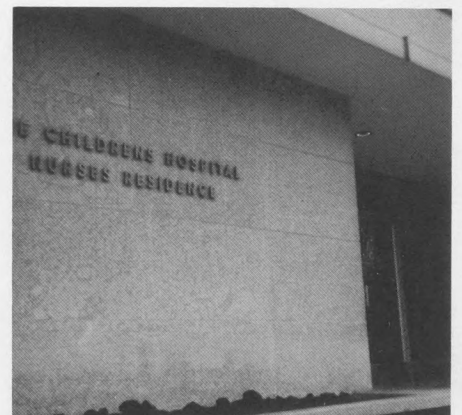


I want my dinner!



On the move...

New acquaintances





OFF DUTY



Mrs. Burkett



Mrs. McNaughton



Mrs. Peterson

IN RESIDENCE



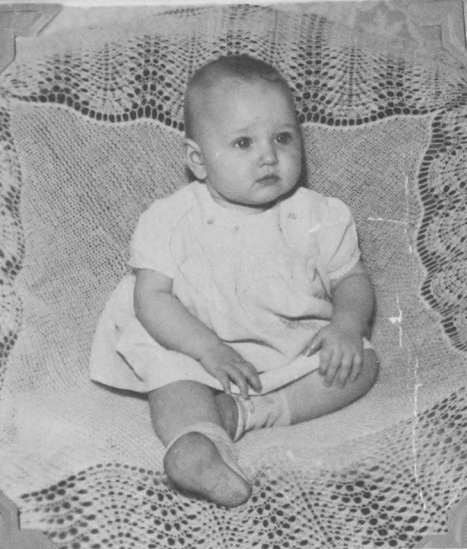
Brig. G. Wagner - Chaplain
Mrs. Brig. G. Wagner - Residence Director



Mrs. Wheeler



Mrs. McLeod



Evelyn Riediger



Marlene Attwood



Brenda Rutherford

WOULD YOU BELIEVE THE CLASS OF '70?



Sonia Tokaryk



Bev. Knutson



Myrtle Harms



Brenda Welch



Irma Schmidt



Signy Holmes



Rosalind Elliott



Barb Hopper



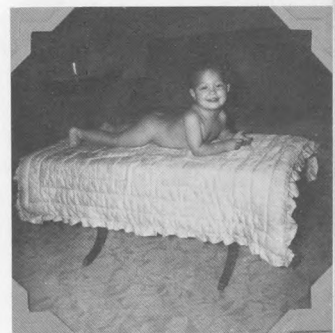
Heather Hay



Arline Copley



JoAnn Dyck



Shiela Schwartz



Janice McKinney



Dorothy Langeman



Orpha Hiebert



Judy Sprott



Sharon Alvestad



Linda Abrahams



Leslie Deane



Judy Harrison



Lynda Morcom



Marion Hoefer



Judy Sabine



Gail Einarson



Irma Hoeppner



Bev Spenst



Eileen Mutch



Trixie Martens



Sharon Anderson



Mavis McElroy



Sharon Lyon



Alison Garnett



Kay Stevens



Ruth Ziemski



Carol Saskosky



Barb Pederson



JoAnne Bartlett



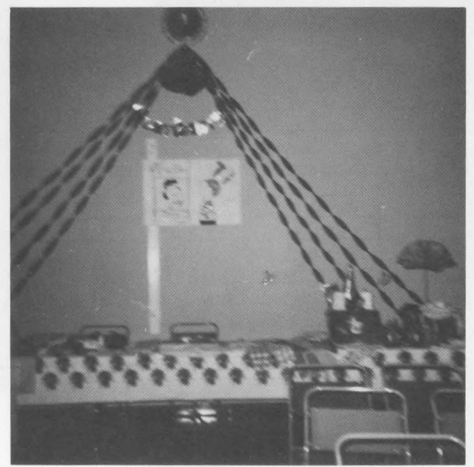
Glenda Parrott



Say cheese!



Angel of mercy



Winter Wonderland Tea



Me and my Teddy!

CLASS OF '71



Bottoms up!



It's about that fertilizer!



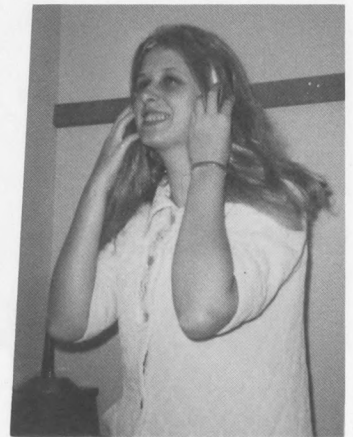
Order your sweatshirts now!



Going up in the world!



At ease!



Blondes have more fun



Occupational Therapy



How!



Piggy-back



Mirror, mirror on the wall



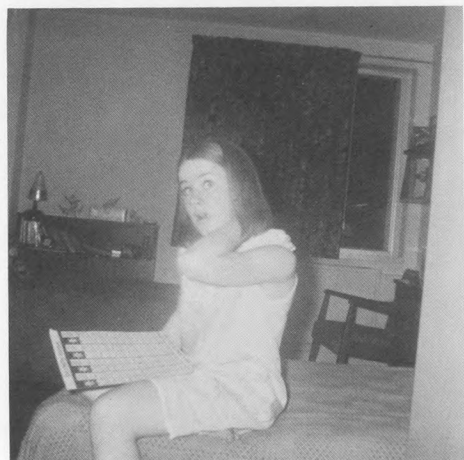
You are so coming!



Homeward Bound



O Christmas Tree



49 weeks to go



Little boxes made of ticky-tacky...



Try 2nd Debut



Please call Allied Van Lines



O mighty Swamee!



That old Gang of Mine



"I'm going to get you!"

CLASS OF '72



Boy did I have a rough day!

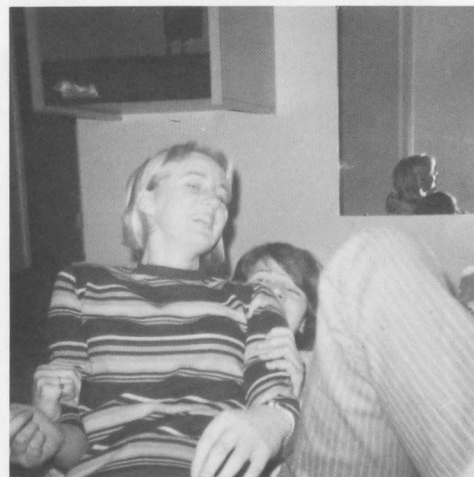


"A man in res? Get Real!"

Just a little H. s. snack



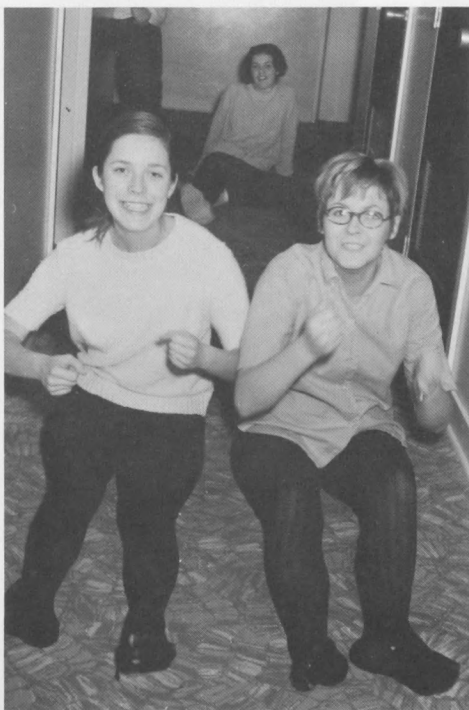
What a party we had last night



Who said that?



The Russians are coming



Little more to the left.



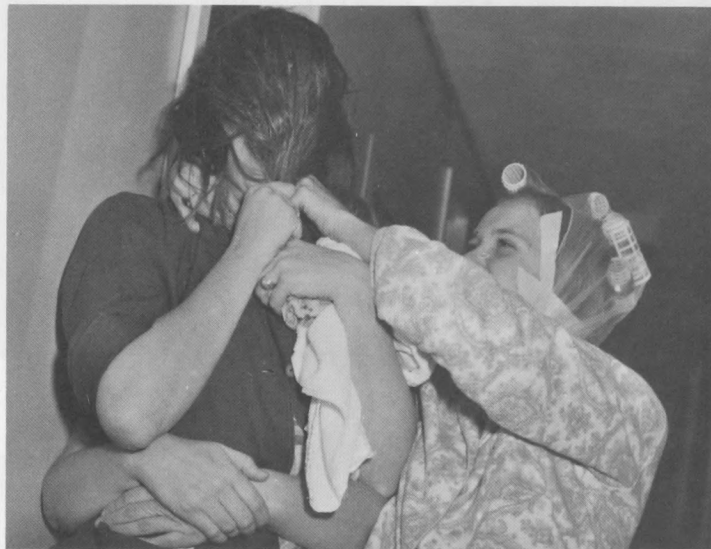
"Feeling okay, Marg?"

50 below or not, here we come.





"Who said we're simple?"



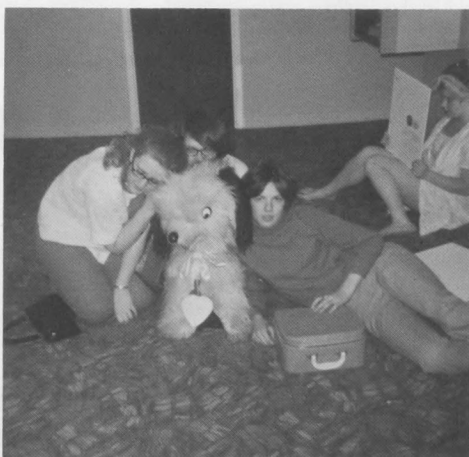
Frankenstein arises from the dead.



Let's get together on this.



"What's this?" "Kiddies night out!"



Third floor mascot



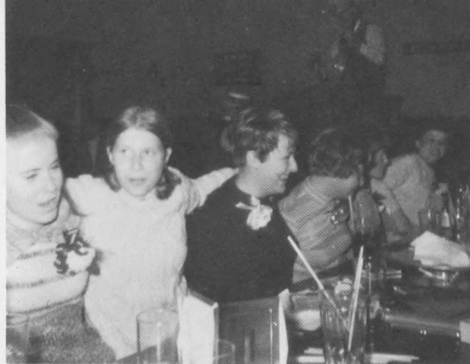
"Whatever you say, luv!"



First days at Grace



First New Year's Eve together



Pin Party at Shakey's



Candle-making



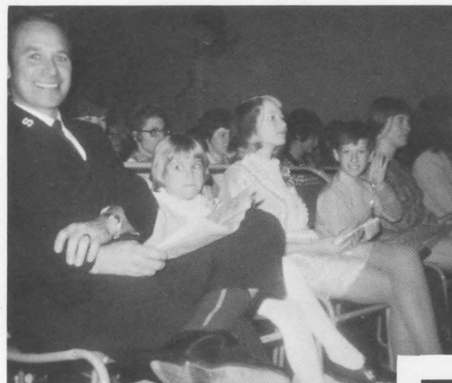
Col. Everett's farewell



More Junk than Jug!



Nurses?



Major Thornhill & family



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Our famous Ballet



Squeaky clean



The only way to apply a tourniquet



Leoney!



Calm after a storm!



Housecleaning

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Celebration!



Exercise, anyone?



Me, a Grad?



Roommates too long



Days of Selkirk



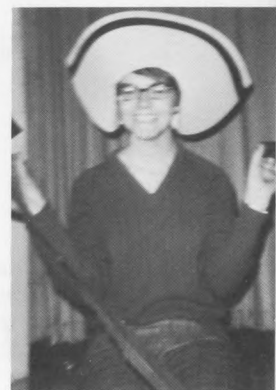
Hawaiian Oasis?!!



P.S.S.?! (Ruthie)



Remember O. B.



I'm a nurth!



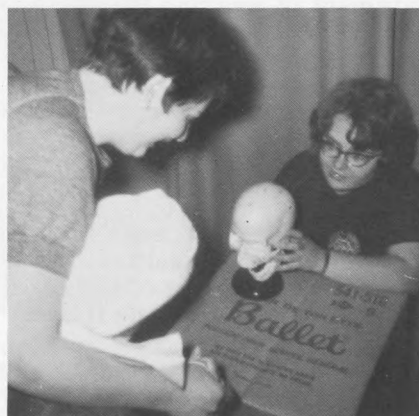
Black band party



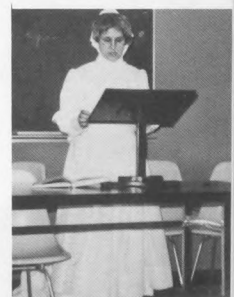
Those Selkirk showers really do something to me



Hi!



Let's get those kids at Initiation



History of Nursing



These meals are better than Res.



Those good old days!



Our last days of class

PRESIDENT'S



MESSAGE

The excitement of wearing the white cap, the significance of our chosen profession, and the three years training all melt together to form a solid foundation for the graduate nurse. This also instills in each a sense of pride in our profession, a sense of loyalty to our school, and a sense of confidence in ourselves. Add to these ingredients the warmth of friendship, strengthened as we learned to live actively and cooperatively with our fellow classmates, and we have the future--our future, ready for us to shape as our attitudes and actions dictate.

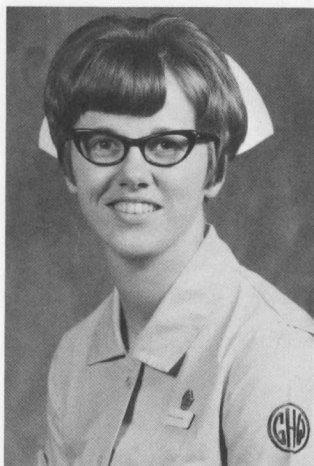
"Ships sail east and ships sail west
While the self same breezes blow,
It is the set of the sails and not the gales
That determine the way they go.

Like the winds of the sea are the winds of fate
As we journey along through life,
It is the set of the soul that determines the goal
And not the calm nor the strife."

Anon.

My sincerest wishes to all students, graduates, and a most humble 'thank-you' for your encouragement and support, not only throughout my term of office but over the three years we've been together. My 'days at Grace' will be a most treasured memory.

Barbara Joyce Hopper
Student Council President



Deanna Larson
Vice-president



Vicki Scales
Secretary-treasurer

STUDENT BODY

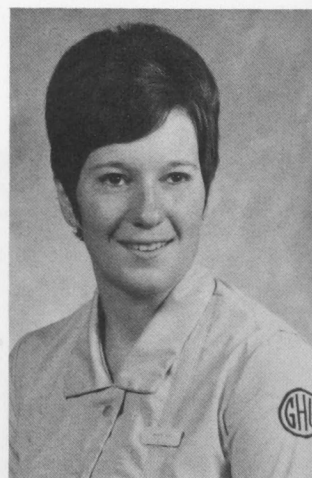


Irma Schmidt
Class '70 President

EXECUTIVE



Barbara Leuthewaite
Class '71 President



Wendy Bell
Class '72 President



EDITOR'S MESSAGE

"Your present is of value to you, only as you profit from the experiences of the past and prepare for the experiences of a wonderful future."

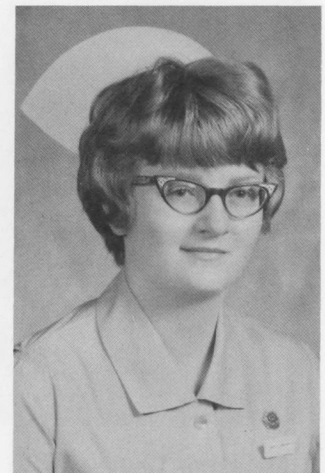
These three years of our training are going to be cherished memories of our lifetime. The ups and downs of training are an experience from which we all will benefit, experiences of happiness, joy, love, and sorrow. I dedicate this quotation to my classmates. Surely its message should go with us in the future.

1970 has been a busy year with many activities, but among the busiest has been preparation of our 1970 yearbook. However, without the help of my very able staff, Mrs. Crabb and Miss Timmerman, our advisers, Mr. Danny Tiechman, the hospital photographer, we would not have the fine yearbook we have. Their help has been unmeasurable.

To Janice, I say a special thank you. She never failed to offer a helping hand and a word of encouragement at a trying time. Thank you Janice and good luck next year.

As you leaf through Our Days of Grace 1970, may those three years always be a fond memory.

Sincerely,
Eileen Mutch.

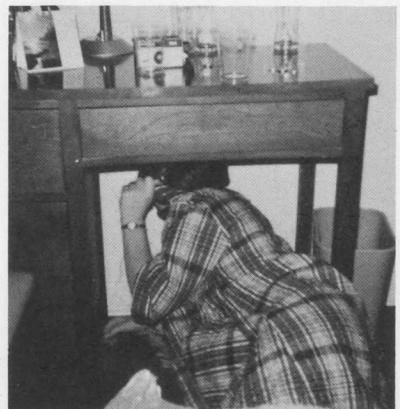


Janice Meadows
Assistant Editor class 1971



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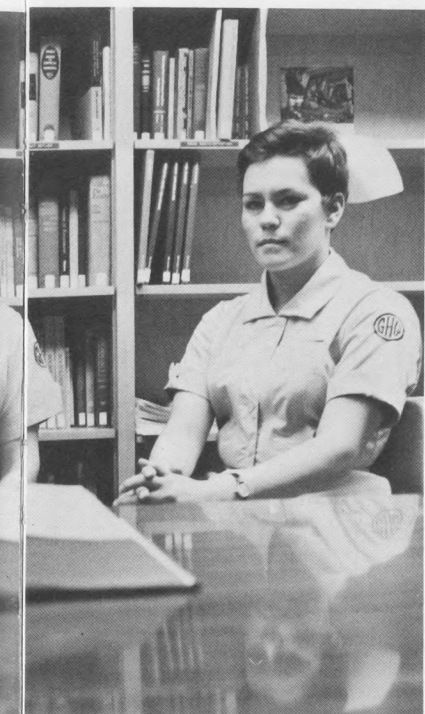


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Ewert.



M. S. N. A.

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MISSING: K. McLeod.

NCF MESSAGE

"Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart and you will find rest for your souls. For my yoke is easy, and my burden is light."

Matthew II:28, 30



Ruth Ewert - President

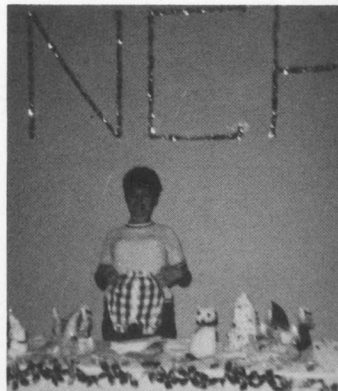
Nursing is a new life. New friends, new challenges. Sickness, struggles, pain, birth, and death. Add your own conflicts-be it wrong to disregard rules? To cheat in class? Are there any standards? Faced with responsibility, you look for escape? What do you do with fear, anxiety, despair, inhibition? Is it possible to have a real friend? What is life all about? Are there any answers?

We meet together in N.C.F. to discuss the questions that nag and find that there are answers in Jesus Christ. That life can have meaning, that it's possible to be free from fear, to enjoy responsibilities, to learn to cope. That life is to be lived --because Jesus Christ is alive and provides the resources for us--on His terms.

Christian kids are finding that life can be beautiful, even in the sinking seventies. In this age of uncertainty, we can say along with Paul, "I do not consider myself to have fully grasped it even now. But I do concentrate on this: I leave the past behind and with hands outstretched to whatever lies ahead I go straight for the goal --my reward the honor of my high calling by God in Christ".

Philippians 3:13, 14

Sincerely,
Ruth Ewert - President.





1970 has been a very memorable year for M.S.N.A. We helped the M.A.R.N. salute Manitoba's Centennial Birthday at a gala affair in the Centennial Concert Hall. The school also generously gave everyone time off to make that long trip to the University of Manitoba's campus to sit-in on some of the festivities associated with this year's Festival of Life and Learning.

The Fort Garry Hotel was the scene of this year's Sweetheart Ball on February the 7th. Penny Brewer looked lovely as she represented us there.

You will recall that this year's social programme was mostly made up of selling tickets: Vicky Doll tickets, Centennial Nite tickets, Bursary tickets and Centennial Lottery tickets!! You all did a fine job of selling and raising money for these projects.

All in all, M.S.N.A. has had another great year. My thanks to my able assistants: Tina Hamm-my second pair of hands-Thanx Tina!

Maxine Helgasson-1st year representative

Marlene Watson-2nd year representative

Thank you all for your co-operation and support. YOU are the ones who make M.S.N.A. the success it is year after year!

Joanne Robertson
M.S.N.A. Representative



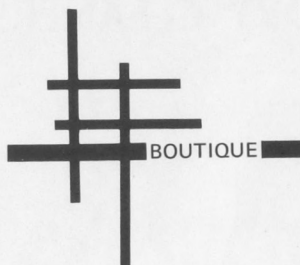
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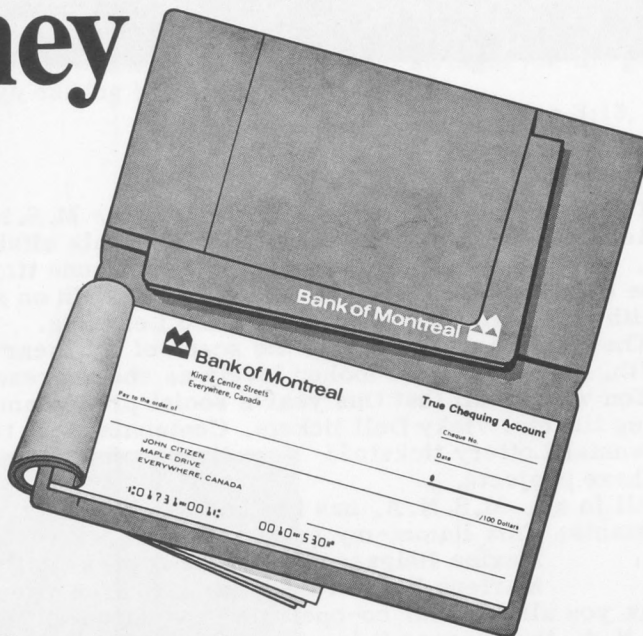
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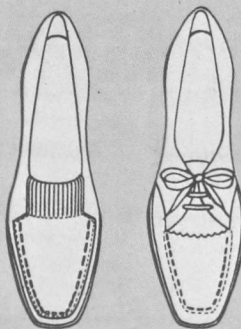
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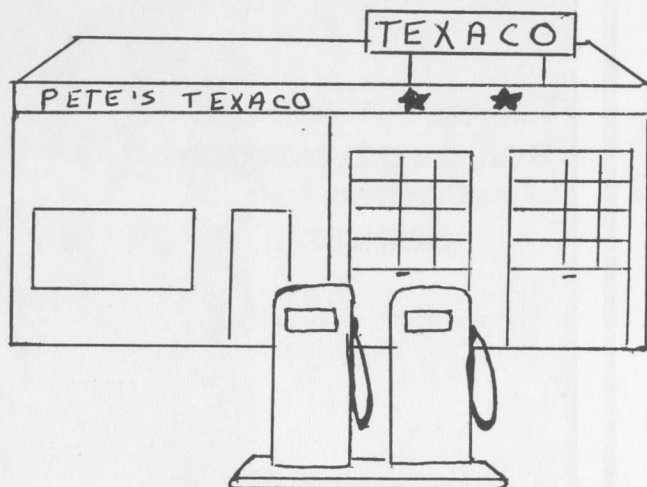
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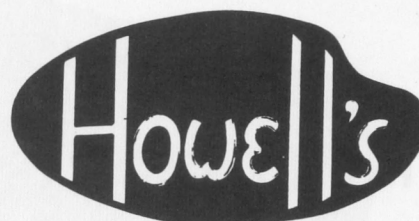


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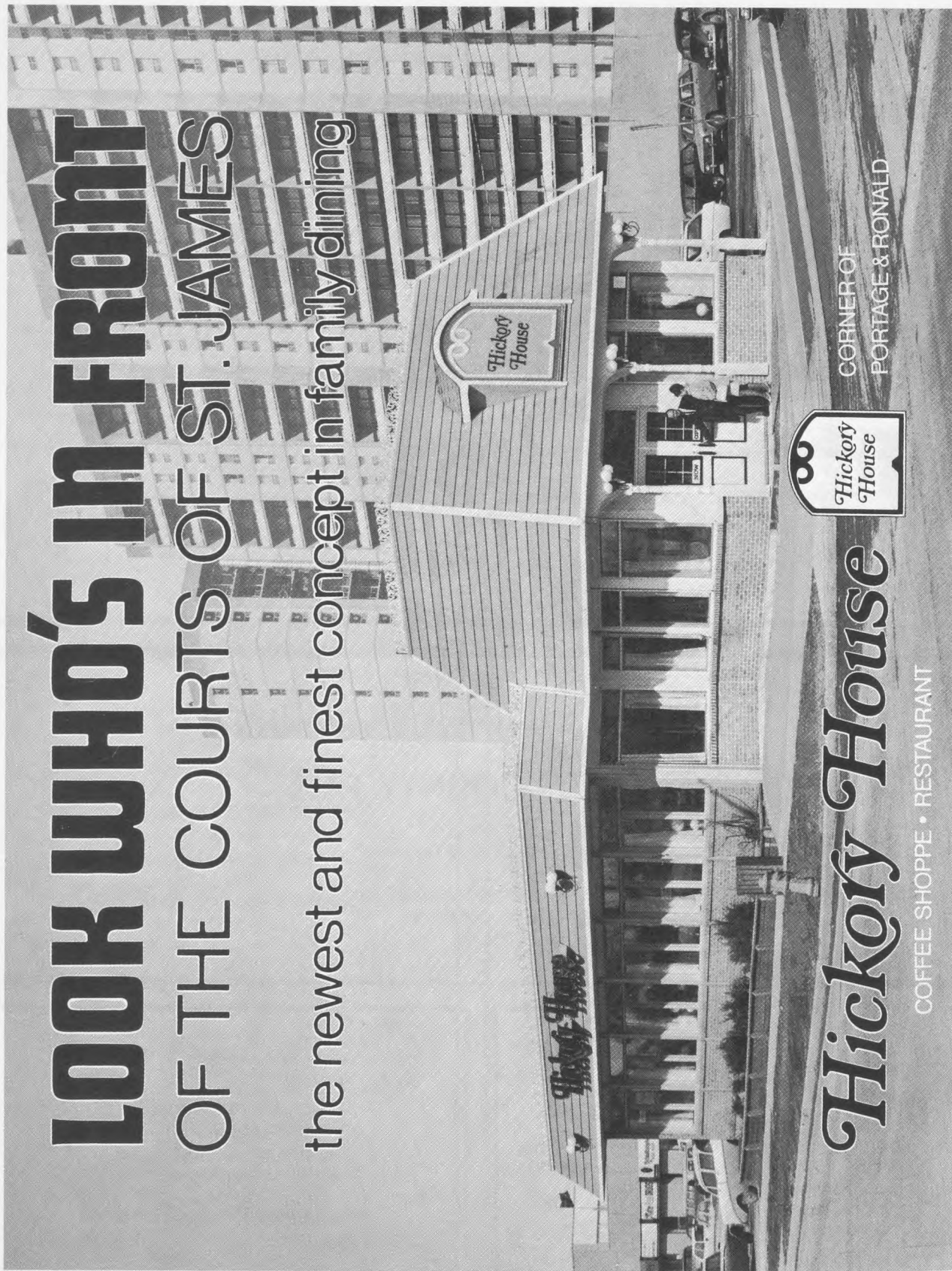
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